

Julie's Tarot Reading

Crystals for Taurus Season

Use these exceptional crystals during Taurus season; Taurus birthstone is included in this stunning crystal list. Every crystal has their own healing properties & even if it is not your birth season, crystals are useful at any time you need them.

Today we are looking at the best crystals for the sign of Taurus – happy birthday Taurus!!

## Dumortierite: Amplifies the Natural Gifts

This crystal is known for helping maintain discipline & enhancing our intuition; a blue or violet mineral that is a member of the Quartz family & is often found in metamorphic rocks & has been used for centuries for its healing & spiritual properties.

It is said to help enhance mental clarity and focus, making it a popular choice for meditation and concentration. It is also believed to aid in developing intuition & psychic abilities.

## Emerald: Taurus Birthstone

Emerald is a beautiful green gemstone that has been cherished for centuries for its stunning beauty & powerful healing properties & is known for its. This stone has been highly valued by many cultures throughout history, including the ancient Egyptians, Greeks & Romans.

According to legend, Emerald was one of the twelve gemstones in the breastplate of the High Priest of Israel. The stone was believed to have healing powers and was used for a wide range of purposes in ancient times, from treating eye diseases to warding off evil spirits.

## Septarian: Protecting from Negative Energy

Septarian also known as Dragon Stone & is known for its healing, grounding & protective energy. The name "Septarian" comes from the Latin word "septum," meaning seven because the stone often forms in distinctive seven-pointed formations. It is believed to have formed around 50-70 million years ago during the Cretaceous period.

Septarian is considered a powerful healing crystal, believed to have a strong grounding effect that can bring a sense of calm & balance. It's also believed to be protective, shielding its wearer from negative energies & promoting feelings of security and stability.

## Rhodonite: Positive Energy for Taurus

A beautiful pink & black mineral & is known for its healing & positive properties. Its name comes from the Greek word "Rhodos" which means "rose." The stone has been used for centuries by healers and shamans for its powerful healing energies. It's believed to help alleviate emotional pain, promote forgiveness, and encourage self-love and compassion.

Rhodonite is also associated with the Heart Chakra and is said to enhance love and empathy. It's commonly used to heal relationship problems and promote healthy communication.



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# Selenite: Balance & harmony

Selenite is a translucent and colourless form of gypsum that's often found in crystal form. The name Selenite comes from the Greek word "Selene," which means moon. The stone has been used for centuries by healers & spiritual practitioners for its powerful cleansing properties. It's believed to clear negative energy and promote peace and clarity of mind.

Selenite is also associated with the Crown Chakra & is said to enhance intuition & spiritual awareness. It's commonly used in meditation practices to help deepen the connection to higher consciousness.

## Black Tourmaline: Protection

This stone is a powerful crystal that is believed to offer protection & grounding. It can help to block negative energies and promote emotional stability, which can be especially helpful for the sometimes stubborn and fixed Taurus.

## Green Adventurine

Another crystal that is well-suited for Taurus. It is believed to promote a sense of abundance, success & optimism, which can help to counteract any tendencies towards pessimism or self-doubt. It is also said to have a calming effect, which can be particularly helpful for Taurus during times of stress.

## Tiger Eye

Beautiful Tigers Eye is a crystal that is often associated with confidence, courage & strength, making it a perfect stone for Taurus who can sometimes struggle with feelings of insecurity. It is also said to be a good stone for grounding & balancing which helps Taurus feel more cantered & focused.

