



# Julie's Tarot Reading

## 6 Crystals for December

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Welcome back to your essential crystals for the month of December. This is Sagittarius season then moving into Capricorn season.

So whatever you are seeking spiritual, love or health matters these crystals are a very helpful tool to lift your energetic vibration & attract abundance.

### *1. Rose Quartz: The Stone of Unconditional Love*

Rose Quartz, hailed as the best crystal for love, is known for its gentle energy. It's believed to open the heart & encourage unconditional love, self-love, friendship & deep inner healing. This crystal vibrates best for love, helps dissolve tension & resentment.

It radiates nurturing energy, supporting emotional healing & encourages forgiveness & empathy. This crystal enhances love in all forms; between friends, family & the love you hold for yourself.

### *2. Blue Topaz: Peace & tranquillity*

This is a perfect stone for calming anxiety or stress & promotes confidence; using this crystal will promote calm & will help you to feel at peace. Blue Topaz promotes calming properties & thought to enhance creativity & self-expression.

In addition this crystal helps to relieve arthritis pain, improve digestion, aid in weight loss & attracts love & good fortune.

### *3. Purple Fluorite: Promotes trust & confidence*

Fluorite is highly protective especially on a psychic level; helping you to discern & shut out any outside negative energy. This stone stimulates the third eye & imparts common sense to psychic communication; excellent for meditation

Psychologically Fluorite dissolves fixed patterns or behaviours, gently helping to bring any buried emotions to the surface to be released. This stone grounds & integrates spiritual energies, heightens intuitive powers & quickens spiritual awakening.

### *4. Clear Quartz: The Amplifier of Love*

Clear Quartz is known as a master healer & an amplifier of energy. In love, it enhances the loving energy around you & magnifies your intention to find or deepen love. It's like a magnifying glass for your heart's desires.

This beautiful crystal is a versatile stone, amplifying your intentions & strengthens the energies of other crystals & it's particularly effective in helping to clarify & strengthen your intentions, ensuring that your desires for love are clear & focused.



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### 5. Turquoise: Solace for the spirit & the body

This stone is associated with protection, luck & abundance; it is said that wearing turquoise can ward off negative energies & bring good fortune. The stone is also seen as a symbol of friendship & unity.

Turquoise promotes spiritual attunement & enhances communication between the physical & spiritual world. When placed on the third eye it enhances intuition; on the throat chakra it releases old vows.

And finally, Turquoise is a purification stone it clears negative energy & strengthens the meridians in the body, dissolves the attitude of self sabotage, stabilizes mood swings & instils inner calm

### 6. Tanzanite: The Stone of

Tanzanite is excellent for promoting positive energy; an uplifting stone it promotes focus & self-confidence. This stone enhances focus & self-assurance in daily life & abundance of luck.

This high vibrational stone aids deep meditation, linking to the angelic realms & downloads information from the Akashic Records activating the throat chakra & facilitating an inner journey.

Tanzanite works on the head, throat & chest dissolving old patterns of Karmic disease, creating space for new patterns to be integrated.

### Authors Word

I hope you enjoyed this article, if you found it useful, please share it with anyone who you think would benefit from the information.

Next month sees the start of a nine Universal year & this is a big one for closure, Karmic balance & moving on so expect an article in January 25 all about it.

Till then take care of you.